



# **Sailing Instructions**

# **Sail Country Regatta 2018**

**Saturday 3 November & Sunday 4 November 2018**

Incorporating:  
2018-2019 Victorian Fireball Championship  
2018 Victorian Laser Inland Championship  
The 2018 Victorian Dinghy Championship  
- a round of the Victorian Sailing Cup

**Organising Authorities: Albury Wodonga Yacht Club Inc. (AWYC)  
in conjunction with Australian Sailing – Victoria**

*These Sailing Instructions do not include the Opti Green Fleet (using racing area G), which will be given spoken basic instructions prior to sailing.*

## 1. RULES

- 1.1 The Regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Australian Sailing Special Regulations Part 2 Off the Beach Boats shall apply.

## 2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located in the Albury Wodonga Yacht Club (AWYC) Clubrooms adjacent the Galley.

## 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted at least 90 minutes prior to the first warning signal on the day it will take effect, except that any change to the schedule of races will be posted by 1800 the day before it will take effect.

## 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the official flag pole located in front of the AWYC Clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

## 5. SCHEDULE

5.1

<b>Friday, 2 November 2018</b>	
1100 to Late	On-shore boat and trailer parking as directed.
<b>Saturday, 3 November 2018</b>	
0800 to 1100	Registration and late entries for Sail Country.
1100	Welcome/Competitor info session then coach/support Info Session
1300	Racing session #1 (warning signal)
<b>Sunday, 4 November 2018</b>	
0800	Information Session
0900	Racing session #2 (warning signal) No warning signal after 1300.
As soon as possible after racing	Presentations

5.2 Maximum number of races

A maximum number of 8 races scheduled, with up to 4 races per session

5.3 To alert boats that a sequence of races will begin soon, an orange flag will be displayed with one sound signal for at least four minutes before a warning signal is displayed.

## 6. FLAGS FOR WARNING SIGNALS.

Class	Flag (if not class flag)	Course
Tasar (& RS200)	Tasar Class Flag <sup>#1</sup>	Alpha
Contender	Contender Class Flag (Code C Flag) <sup>#2</sup>	Alpha
Fireball	Fireball class flag (red on dark blue) <sup>#3</sup>	Alpha
29er & Mixed Classes (Y'stick ≤ 104.5)	29er & Naval Numeral 4	Alpha
Minnow – Novice (with red ribbon)	Minnow Class Flag (Black on Gold) <sup>#0</sup>	Bravo
Optimist – Intermediate (with red ribbon)	Optimist Class flag (Red) <sup>#6</sup>	Bravo
Minnow-Open	Minnow Class Flag (Black on Blue) <sup>#7</sup>	Bravo
Optimist – Open	Optimist Class flag (White) <sup>#8</sup>	Bravo
Mixed Classes (Yardstick >135)	Naval Numeral 5	Bravo
420	420 Flag <sup>#5</sup>	Charlie
Laser Standard	White flag with red Laser emblem <sup>#7</sup>	Charlie
Laser Radial (& RS Aero 5)	Green flag with red Laser emblem <sup>#8</sup>	Charlie
Laser 4.7	Yellow flag with red Laser emblem <sup>#9</sup>	Charlie

If a class flag is available, it will be used for the warning signal.

#1 #2, #3, #4, #5, #6, #7, #8, #9, #0 – naval numeral flag number if class flag becomes unavailable.

## 7. RACING AREAS

7.1 The location of the racing areas are shown in attachment A.

## 8. THE COURSES

- 8.1 Course diagrams in attachment B with the optional Trapezoid course for Alpha and Bravo courses on page 2 of attachment B and Charlie (Laser) courses on page 3 of attachment B.
- 8.2 The diagrams in Attachment B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.3 No later than the warning signal, the start boat will display the Board Number corresponding to the course to be sailed.

## 9. MARKS for courses

### 9.1 W-L courses (Course board #1 - Alpha or Bravo; Course board #2 or #3 - Charlie)

Course	Windward (Mark 1)	Windward clearance (Mark 1a)	Starboard Gate (Mark 2s)	Port Gate (Mark 2p)	Port End Starting Mark	Port End Finishing Mark
<b>Alpha-1</b>	Yellow Cylinder	Orange Sphere	Yellow Cylinder*	Yellow Cylinder*	Green	Black & White Chequered
<b>Bravo-1</b>	Orange Cone	Orange Sphere	Orange Cone*	Orange Cone*	Green	Black & White Chequered
<b>Charlie</b>	Std: Yellow Cone Radial: Pink Cone 4.7: Orange Sphere	NIL	Yellow Cone*	Yellow Cone*	Green	Black & White Chequered

\* If one gate mark is missing, boats are to leave the remaining gate mark to port.

### 9.2 Marks for Trapezoid course on Alpha and Bravo course (course board #2)

Course	Mark 1	Mark 2	Marks 3s & 3p	Marks 4s & 4p	Port End Starting Mark	Port End Finishing Mark
<b>Alpha-2</b>	Yellow Cylinder	Pink Cone	Yellow Cylinders*	Orange Spheres*	Green	Black & White Chequered
<b>Bravo-2</b>	Yellow Cylinder	Orange Cone	Orange Cones*	Orange Spheres*	Green	Black & White Chequered

\* If one gate mark is missing, boats are to leave the remaining gate mark to port.

## 10. IDENTIFICATION

10.1 Each Optimist-Intermediate boat is to have a red coloured ribbon attached to its sail to distinguish it from Optimist-Open boats, and each Minnow-Novice boat is to have a red coloured ribbon attached to its sail to distinguish it from Minnow-Open boats.

## 11. THE START

11.1 Races will be started using the following signals.

<b>Meaning</b>	<b>Visual</b>	<b>Motion</b>	<b>Sound</b>	<b>Time</b>
Warning Signal	Divisional flag	Displayed	One	-3 min
Preparatory Signal	International code flag*	Displayed	One	-2 min
One Minute Signal	International code flag*	Lowered	One	-1 min
Starting Signal	Divisional flag	Lowered	One	0

*\*Note: P, U or Black at the discretion of the Race Officer*

The warning signal for each succeeding division shall be made with or after the starting signal of the preceding division.

11.2 The starting line will be between a staff displaying an orange flag on the committee starting vessel at the starboard end and the course side of the port-end starting mark.

11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11.4 A boat starting later than 3 minutes after her starting signal will be scored DNS without a hearing. This changes rule A4 and A5.

## 12. CHANGE OF THE COURSE

12.1 There will be no change of course with respect to position of marks or distance between marks. This does not preclude the possibility of a shortened course as per Rule 32.1.

## 13. THE FINISH

13.1 The finishing line will be between a staff displaying an orange flag on the committee finishing vessel and the course side of the finishing mark.

## 14. PENALTY SYSTEM

14.1 Two-Turns Penalty is replaced by the One-Turn Penalty (changing rule 44.1) for all divisions, except for Lasers (& RS Aero 5).

## 15. TIME LIMITS AND TARGET TIMES

15.1 Time Limits and Target times

- The target time for the first boat to complete the course will be **35-50** minutes. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- The time limit for the first boat to sail the course will be **90** minutes.
- Boats failing to finish within **20** minutes after the first boat sails the course and finishes may be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5
- Boats deemed still racing by the Race Committee but failing to finish within time stated in the Finish Window after the first boat sails the course and finishes may be scored an Allocated Place. This changes RRS 35, A4 and A5.

## 16. PROTESTS, ARBITRATION AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the Protest Room, located near western steps, behind the registration area. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 The protest time limit is 60 minutes after the last boat of all divisions has finished the last race of the day or the Race Committee signals no more racing today, whichever is later. The Judge or Principal Race Officer (PRO) will post the time on the official noticeboard.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, beginning at the time posted.
- 16.4 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b).
- 16.5 Breaches of instructions 11.3, 18, 21, 23, and 26 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties of 40% of the number of boats in the race may be offered for these breaches may be less than disqualification if the Judge / Protest Committee so decides.
- 16.6 An arbitration hearing will be offered for all protests lodged in accordance with rule 61. Such hearing will be held subsequent to the protest being lodged and prior to a protest hearing.
- 16.7 The time of the arbitration hearing, in the protest room, will be determined by the arbitrator and advice given verbally. One representative from each boat shall attend the arbitration hearing and no witnesses shall be allowed. The arbitrator shall decide the manner in which testimony is given.
- 16.8 An arbitration hearing shall not be re-opened. No conclusion of an arbitrator shall be subject to appeal or be ground for redress. Should an arbitrator make no finding and the protest proceeds to a protest hearing, the arbitrator may be a witness to the hearing. Any evidence given by the arbitrator shall only be given in the presence of parties to the arbitration hearing.
- 16.9 Requests to reopen a hearing shall be in writing and lodged at the Race Office and shall include the grounds for the request.  
On the last day of the regatta, a request to reopen a hearing shall be delivered:
- within the protest time limit if the party requesting the reopening was informed of the decision on the previous day;
  - no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This amends rule 66.

## 17. SCORING

- 17.1 One race is required to be completed to constitute a series, except that three races are required to be completed to constitute a series for the Victorian Laser Inland Championship.
- a) When fewer than four races have been completed, a boat's series score will be the total of her race scores.
  - b) When four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.2 Results will be posted on the windows at the NE corner of the clubhouse.

## **18. SAFETY REGULATIONS**

- 18.1 Sign On and Sign Off: All boats must “sign on” before leaving the shore and “sign off” as soon as practicable after returning to shore at the completion of the session’s racing.
- 18.2 The Sign On period for each Class will close at the scheduled warning signal time of the first race for that session on that day. Competitors who wish to sign on for subsequent races in that session must advise the Race Office.
- 18.3 The Sign Off period for each Class will close 60 minutes after the last boat has completed the last race of the session.
- 18.4 To Sign On and Sign Off each skipper shall complete and sign the declaration sheet located in the Clubhouse.
- 18.5 Failure to Sign On or Sign Off in accordance with SI 18.1 will result in that boat being scored DSQ (Disqualified) in the first race on the day of the omission without a hearing. This changes rules A4 and A5.
- 18.6 A boat that retires from a race shall notify the Race Committee as soon as possible and indicate this on the sign-on/off sheet when signing off.

## **19. REPLACEMENT OF CREW OR EQUIPMENT**

- 19.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 19.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **20. EQUIPMENT AND MEASUREMENT CHECKS**

- 20.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a Race Committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

## **21. OFFICIAL BOATS**

- 21.1 All official course/rescue powerboats will be marked with a yellow flag.
- 21.2 The Media boat will be marked with a lime green flag with a pink stripe. The media boat(s) shall be allowed on the race course during racing.

## **22. Launch/Retrieval and Trolleys**

22.1 A team of volunteers will assist with the launching and retrieval of boats.

22.2 Shared Trolleys – Optimists and Lasers

22.2.1 For efficiency of the launch/retrieval process, competitors in Optimists and Lasers are requested to accept any trolley suited to their boat-type.

22.2.2 Hence, the onus is on each Optimist competitor and Laser competitor to provide a trolley of a good standard (i.e. adequate size of wheels for ease of use and nothing that will cause damage under normal circumstances).

22.3 To assist competitors in recovering their own trolleys at the end of racing, all competitors are to attach the numbered coloured tags issued at registration.

## **23. RADIO COMMUNICATION**

23.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones and any other communication devices.

## **24. PRIZES**

24.1 Sail Country Prizes will be given to the first, second and third placing for each eligible class of five entries or more.

24.2 Sail Country Prizes will be given to at least first place for a class with at least three boats in a mixed division as well as prizes for the overall Mixed Classes divisions' results.

24.3 Other Sail Country prizes may be awarded at the discretion of the organising authorities.

24.4 IFVAV will award trophies for 2018-2019 Fireball Victorian Championship.

24.5 VLA may award additional prizes associated with the 2018 Laser Inland Championship.

## **25. RIGHTS TO USE NAME AND LIKENESS**

By participating in an event competitors automatically grants to the Organising Authorities and the sponsors of the event the right in perpetuity to make, use and show, from time to time and at their discretion, any motion picture, still picture or live feed of him/her during the period of the competition without compensation.

## **26. DISCLAIMER OF LIABILITY**

26.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authorities will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **27. INSURANCE**

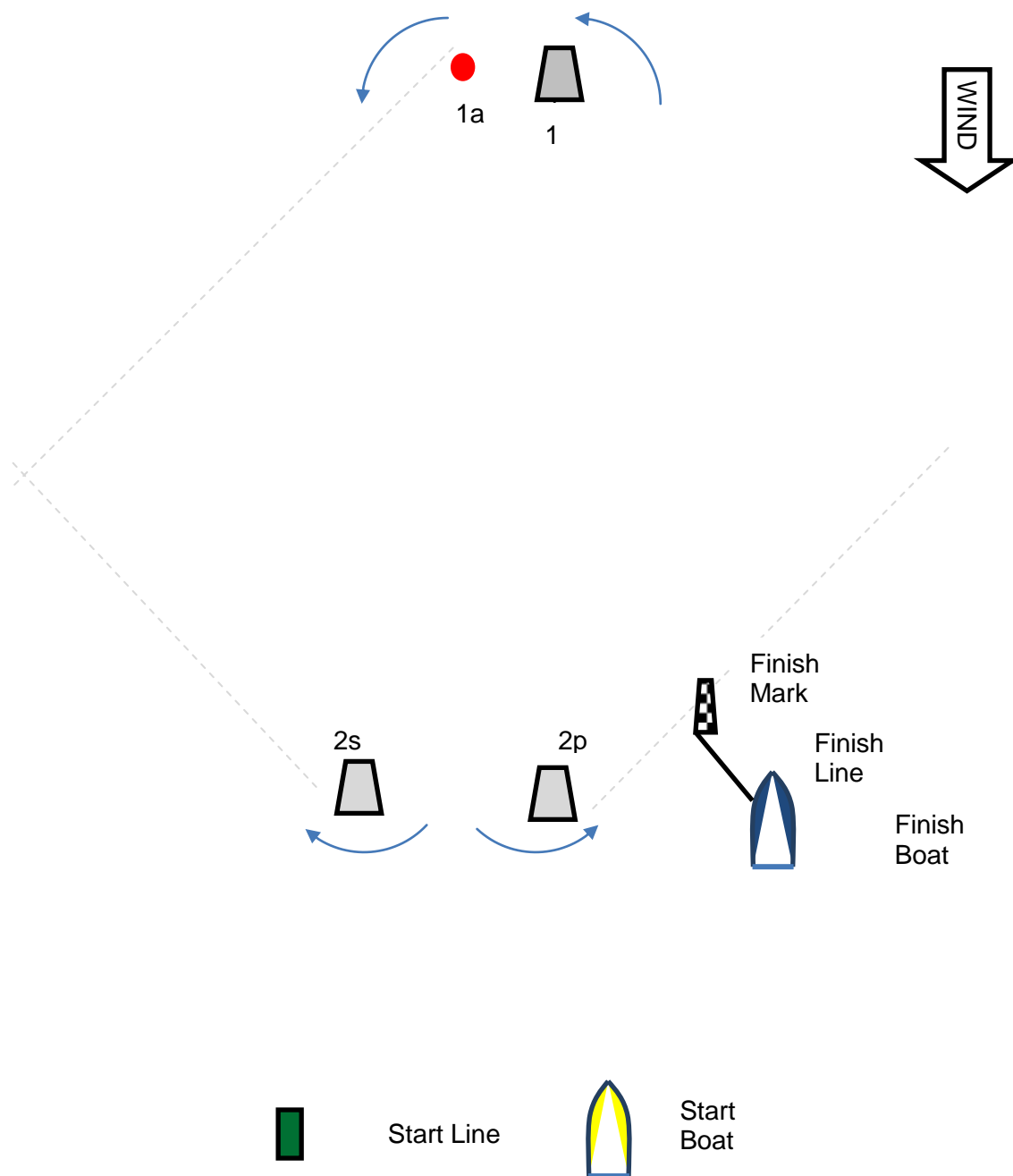
27.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$5,000,000AUD (recommended \$10,000,000) per event or the equivalent. Competitors may be required to produce evidence of such insurance and any competitor not holding this cover shall withdraw their entry.

# Attachment A – Racing Areas





**Attachment B (page 1) – W-L Courses (Course board #1, Alpha and Bravo)**



**Tasar (& RS200), Contender, Fireball, 29er, Mixed  
Classes with Yardstick ≤ 104.5**

Start-1-1a-2s/p-1-1a-2s/p-1-1a-2p-Finish

**Minnows-Novice:** Start-1-1a-2p-Finish

**All other classes** Start-1-1a-2s/p-1-1a-2p-Finish

**Attachment B (page 2) – Trapezoid/Mixed Courses**  
**(Course board #2, Alpha and Bravo)**

(60°, 120° interior angles, equal beats; Reach length (1-2) = beat length (4sp-1 and 3sp-2))

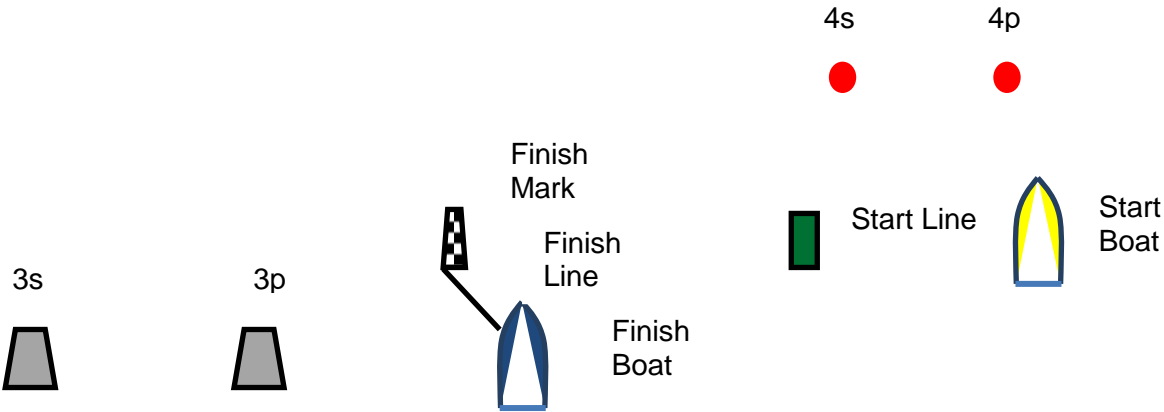
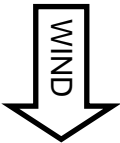
**Alpha-2 Outer: 29er & Mixed (Yardstick ≤104.5):**  
Start - 1 - 3s/p - 2 - 3s/p - 2 - 3s/p - 2 - 3p - Finish

**Alpha-2 Inner [one triangle included]: Tasar (& RS200), Contender & Fireball:**  
Start - 1 - 2 - 4s/p - 1 - 4s/p - 1 - 2 - 3p - Finish

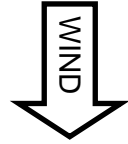
**Bravo-2 Outer: Minnows-Novice:** Start - 1 - 2 - 3p - Finish

**Bravo-2 Outer: Optimists-Intermediate and Minnows-Open:**  
Start - 1 - 2 - 3s/p - 2 - 3p - Finish

**Bravo-2 Inner: Optimists-Open, Mixed (Yardstick >135)**  
Start - 1 - 4s/p - 1 - 2 - 3p - Finish



# Attachment B (page 3) - Charlie course diagram



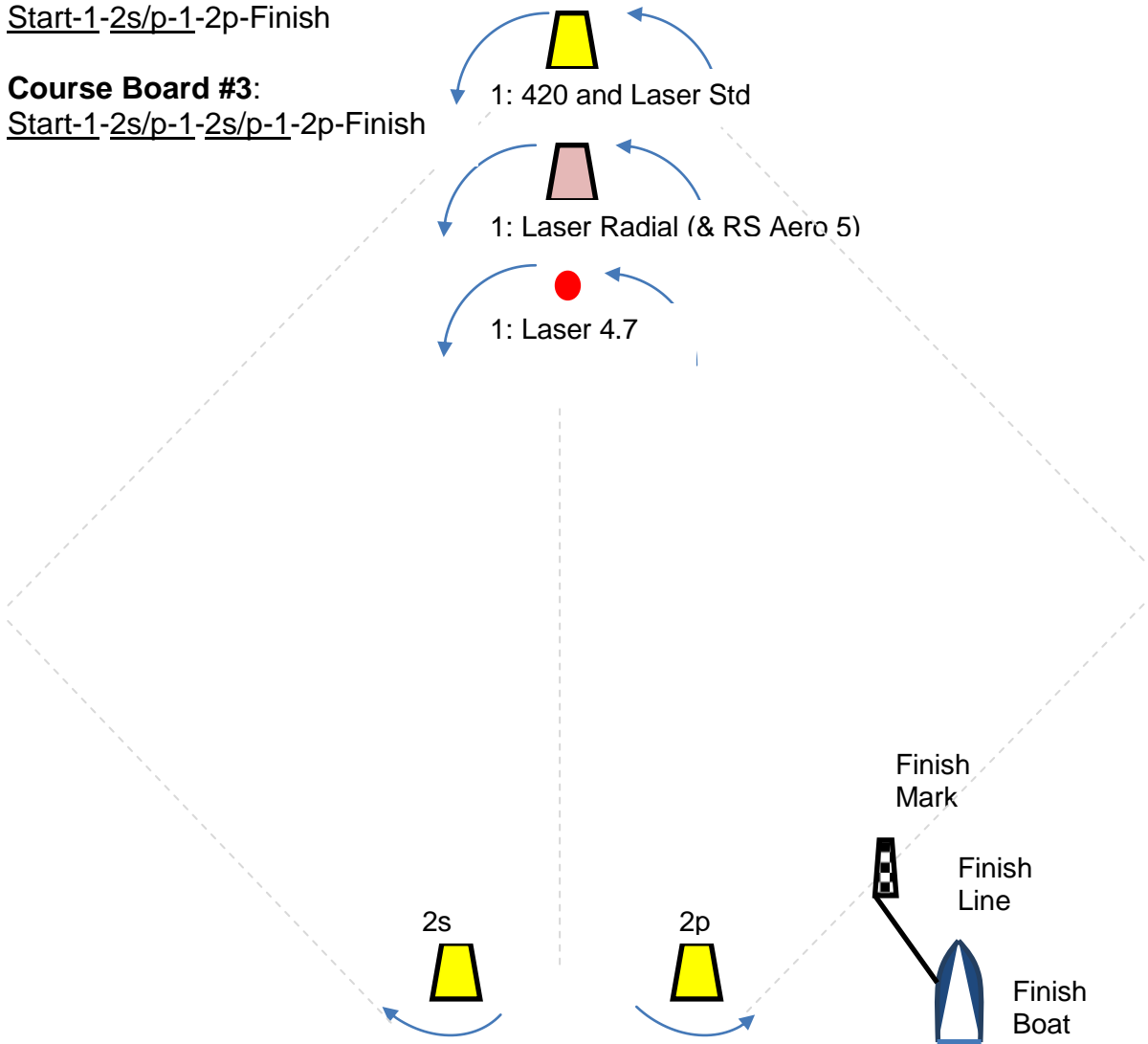
**Lasers (& RS Aero 5):**

**Course Board #2:**

Start-1-2s/p-1-2p-Finish

**Course Board #3:**

Start-1-2s/p-1-2s/p-1-2p-Finish



Start Line



Start Boat