

Sailing Instructions

Sail Country Regatta 2024

Incorporating:
Flying Dutchman “Ian McCrossin FD Inland Cup”
Javelin Victorian Championship

Saturday November 2 & Sunday November 3, 2024
(And additional session for Flying Dutchman
on Monday November 4, 2024)

Organising Authority: Albury Wodonga Sailing Club Inc. (AWSC)

1. RULES

- 1.1 The Regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Australian Sailing Special Regulations Part 2 Off the Beach Boats shall apply.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located in the Albury Wodonga Sailing Club (AWSC) Clubrooms adjacent to the Galley.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted at least 90 minutes prior to the first warning signal on the day it will take effect, except that any change to the schedule of races will be posted by 1800 the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the official flag pole located in front of the AWSC Clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. SCHEDULE

5.1

Friday, November 1, 2024.	
1100 to Late	On-shore boat and trailer parking as directed.
Saturday, November 2, 2024.	
0800 to 1100	Registration and late entries for Sail Country.
1100	Welcome/Competitor info session then coach/support Info Session
1300	Racing session #1 (warning signal)
Sunday, November 3, 2024.	
0800	Information Session
0900	Racing session #2 (warning signal) No warning signal after 1300.
As soon as possible after racing	Presentations (except for Flying Dutchman)
Monday, November 4, 2024.	
0900	Racing session #3 for Flying Dutchman (warning signal) No warning signal after 1300.
As soon as possible after racing	Presentations (Flying Dutchman)

5.2 Maximum number of races

A maximum number of 8 races scheduled, except maximum of 12 races for Flying Dutchman Australian, with up to 4 races per session.

- 5.3 To alert boats that a sequence of races will begin soon, an orange flag will be displayed with one sound signal for at least four minutes before a warning signal is displayed.

6. FLAGS FOR WARNING SIGNALS.

Division	Divisional Flag	Course
Mixed-A (Yardstick < 106)	Naval Numeral 1 (Yellow horizontal stripe on Red)	Alpha
Mixed-B (Yardstick >= 106)	Naval Numeral 3 (Red horizontal stripe on Blue)	Alpha
Mirror	Mirror Class Flag or Navy Numeral 5 (Blue cross on Yellow)	Bravo
O'Pen Skiff	O'Pen Skiff (White on Pink)	Bravo
Optimist – Intermediate (red ribbon)	Optimist Class Flag (Blue on Red)	Bravo
Optimist – Open	Optimist Class Flag (Blue on White)	Bravo
Optimist – Green (green ribbon)	Optimist Class Flag (White on Green)	Bravo
Flying Dutchman	Code Flag F (Red tilted square on White)	Charlie
Javelin	Javelin Class Flag or Naval Numeral 2 (Red horizontal stripe on Yellow)	Charlie

7. RACING AREAS

7.1 The locations of the racing areas are shown in attachment A.

8. THE COURSES

8.1 Course diagrams are on Attachment B pages 1 – 3.

9. MARKS for courses

9.1 Marks for Alpha course

Course	Mark 1	Mark 2s	Mark 2p	Port End Starting Mark	Leeward Finishing Mark
Alpha	Yellow Cylinder	Orange Cone	Orange Cone	Green	Black & White Chequered

9.2 Marks for Bravo course

Course	Mark 1	Mark 2	Mark 3s	Mark 3p	Mark 4s	Mark 4p	Port End Starting Mark	Leeward Finishing Mark
Bravo	Yellow Cylinder	Orange Cone	Orange Sphere*	Yellow Cylinder*	Orange Sphere*	Orange Sphere*	Green	Black & White Chequered

* If one gate mark is missing, boats are to leave the remaining gate mark to port.

9.3 Marks for Charlie course.

Course	Mark 1	Mark 2	Mark 3	Port End Starting Mark	Finishing Mark
Charlie	Yellow Cone	Yellow Cone	Yellow Cone	Green	Black & White Chequered

10. IDENTIFICATION

10.1 Each Optimist-Green is to have a green coloured ribbon; each Optimist-Intermediate boat is to have a red coloured ribbon attached to its sail to distinguish it from Optimist-Open boats; and each Minnow-Novice boat is to have a red coloured ribbon attached to its sail to distinguish it from Minnow-Open boats.

11. THE START

11.1 Races will be started using the following signals.

Meaning	Visual	Motion	Sound	Time
Warning Signal	Divisional flag	Displayed	One	-3 min
Preparatory Signal	International code flag*	Displayed	One	-2 min
One Minute Signal	International code flag*	Lowered	One	-1 min
Starting Signal	Divisional flag	Lowered	One	0

**Note: P, U or Black at the discretion of the Race Officer*

The warning signal for each succeeding division shall be made with or after the starting signal of the preceding division.

11.2 The starting line will be between a staff displaying an orange flag on the committee starting vessel at the starboard end and the course side of the port-end starting mark.

11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11.4 A boat starting later than 3 minutes after her starting signal will be scored DNS without a hearing. This changes rule A4 and A5.

12. CHANGE OF THE COURSE

12.1 There will be no change of course with respect to position of marks or distance between marks. This does not preclude the possibility of a shortened course as per Rule 32.1.

13. THE FINISH

13.1 The finish line will be between a staff displaying a blue flag on the committee finishing vessel and the course side of the finishing mark.

14. TIME LIMITS AND TARGET TIMES

14.1 Time Limits and Target times

- The target time for the first boat to complete the course will be **35-50** minutes. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- The time limit for the first boat to sail the course will be **90** minutes.
- Boats failing to finish within **20** minutes (except 30 minutes for Mixed-A) after the first boat sails the course and finishes may be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5
- Boats deemed still racing by the Race Committee but failing to finish within time stated in the Finish Window after the first boat sails the course and finishes may be scored an Allocated Place. This changes RRS 35, A4 and A5.

15. PROTESTS, ARBITRATION AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the Protest Room, located near western steps, behind the registration area. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 The protest time limit is 60 minutes after the last boat of all divisions has finished the last race of the day or the Race Committee signals no more racing today, whichever is later. The Judge or Principal Race Officer (PRO) will post the time on the official noticeboard.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, beginning at the time posted.
- 15.4 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b).
- 15.5 Arbitration will be used in accordance with RRS Appendix "T". The Arbitrator may be a member of any subsequent Jury.
- 15.6 Requests to reopen a hearing shall be in writing and lodged at the Race Office and shall include the grounds for the request. This amends rule 66.

16. SCORING

- a) One race is required to be completed to constitute a series, except that three races are required to be completed to constitute a series for the Flying Dutchman "Ian McCrossin Inland Cup and the Javelin Victorian Championship. When fewer than four races have been completed, a boat's series score will be the total of her race scores.
 - b) When four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - c) For Flying Dutchman, when more than 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst two scores.
- 16.1 Results will be posted on the whiteboard/noticeboard at the NW corner of the clubhouse.

17. SAFETY REGULATIONS

- 17.1 Sign On and Sign Off: All boats must "sign on" before leaving the shore and "sign off" as soon as practicable after returning to shore at the completion of the session's racing.
- 17.2 The Sign On period for each Division will close at the scheduled warning signal time of the first race for that session on that day. Competitors who wish to sign on for subsequent races in that session must advise the Race Office.
- 17.3 The Sign Off period for each Division will close 60 minutes after the last boat has completed the last race of the session or the Race Committee signals no more racing today, whichever is later.
- 17.4 To Sign On and Sign Off each skipper shall complete and sign the declaration sheet located in the Clubhouse.
- 17.5 A boat that retires from a race shall notify the Race Committee as soon as possible and indicate this on the sign-on/off sheet when signing off.

17.6 STANDARD PENALTIES RELATED TO SAFETY REGULATIONS

17.6.1	Failure to wear PFD	One point scoring penalty in each race sailed non-compliant**
17.6.2	Failure to sign on	One point scoring penalty in her first race of the day**
17.6.3	Failure to sign off	One point scoring penalty in her last race of the day**
** The results program uses DPI (Discretionary Penalty Imposed) for this. As well as adding 1 point to the penalised competitor, it subtracts 1 point from competitors with a higher score.		

18. REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 18.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19. EQUIPMENT AND MEASUREMENT CHECKS

- 19.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a Race Committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

20. OFFICIAL BOATS

- 20.1 All official course/rescue powerboats will be marked with a yellow flag.
- 20.2 The Media boat will be marked with a lime green flag with a pink stripe. The media boat(s) shall be allowed on the race course during racing.

21. Launch/Retrieval and Trolleys

- 21.1 A team of volunteers will assist with the launching and retrieval of boats.
- 21.2 Shared Trolleys – Optimists
- 21.2.1 For efficiency of the launch/retrieval process, competitors in Optimists are requested to accept any trolley suited to their boat-type, unless a sailor's own helper already has their trolley ready.
- 21.2.2 Hence, the onus is on each Optimist competitor to provide a trolley of a good standard (i.e. adequate size of wheels for ease of use and nothing that will cause damage under normal circumstances).
- 21.3 To assist competitors in recovering their own trolleys at the end of racing, all competitors are to attach the numbered coloured tags issued at registration.

22. RADIO COMMUNICATION

22.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

23. PRIZES

23.1 Sail Country Prizes will be given for up to three placings for each class with a separate start.

23.2 Sail Country Prizes will be given for overall Mixed Classes divisions' results. The organising authority may determine further prizes within these divisions.

23.3 Other Sail Country prizes may be awarded at the discretion of the organising authority.

23.4 The Flying Dutchman and Javelin Associations may award additional prizes associated with the Flying Dutchman "Ian McCrossin FD Inland Cup" and Javelin Victorian Championship.

24. RIGHTS TO USE NAME AND LIKENESS

24.1 By participating in an event, competitors automatically grant to the Organising Authority and the sponsors of the event the right in perpetuity to make, use and show, from time to time and at their discretion, any motion picture, still picture or live feed of him/her during the period of the competition without compensation.

25. DISCLAIMER OF LIABILITY

25.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

26. INSURANCE

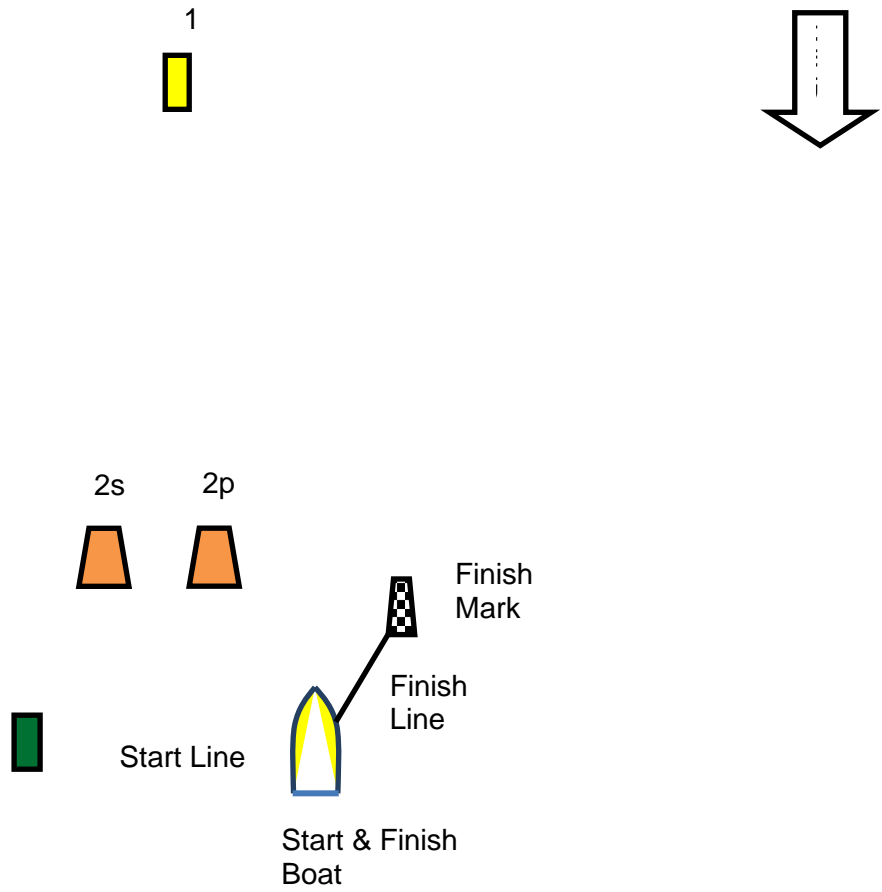
26.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$5,000,000AUD (recommended \$10,000,000) per event or the equivalent. Competitors may be required to produce evidence of such insurance and any competitor not holding this cover shall withdraw their entry.

Attachment A – Racing Areas



Attachment B (page 1) - Alpha Course, not to scale

Alpha: Mixed-A (YS<106) and Mixed-B (YS>=106)
Start - 1 - 2s/p - 1 - 2s/p - 1 - 2p - Finish



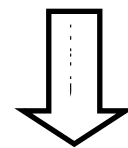
Attachment B (page 2) – Bravo Course, not to scale

(60°, 120° interior angles, equal beats; Reach length (1-2) = beat length (4s/p-1 and 3s/p-2))

Bravo Outer: O'Pen Skiff & Mirror
Start - 1 - 2 - 3s/p - 2 - 3p - Finish

Bravo Inner: Optimists-Intermediate and Optimists-Open
Start - 1 - 4s/p - 1 - 2 - 3p - Finish

Bravo: Opti-Green: Start - 1 - 2 - 3p - Finish



1



2



3s



3p



Finish Boat

Finish Line

Finish Mark

4s



4p



Start Line



Start Boat

Attachment B (page 3) - Charlie course diagram, not to scale.

For triangle 312, interior angles are 45°, 90° and 45°

Flying Dutchman:
Start-1-2-3-1-3-1-2-3-Finish

Javelin:
Start-1-3-1-3-1-3-Finish

